



# Sociology

Stills from our new sociology titles



## Influences on the Health of Individuals

Everyone agrees it's important to be healthy. That's why so many of the decisions we make in our daily life are about good health. Our ability to be healthy is determined by many different factors. In this programme we explore the "determinants of health" or "influences on health" through practical examples over different life stages in today's society.



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### Additional resources

- Questions and Activities for Before, During and After the Program

- Glossary
- Quiz